

Hartlepool and Stockton-on-Tees Clinical Commissioning Group
South Tees Clinical Commissioning Group

Respite Opportunities and Short Breaks

Public Consultation
September 2017



for
People with
Complex Needs
and Learning
Disabilities
and/or
Autism

Easy Read



We are called NHS Hartlepool and Stockton-on-Tees Clinical Commissioning Group and NHS South Tees Clinical Commissioning Group. We buy health services for local people.



We have been speaking to people who use respite services, and we think we can make respite services better.



We still have the same amount of money to spend on respite services, but we think we could use this money in a different way to support people in the best way for them.



This is because different things work better for different people.

Choice



During the day, you could be doing something like gardening, doing a sport or another activity.



At night, you could spend some time away from home for a rest.



We want people to be able to choose what respite services they use and we want the services they chose to be close to where they live.



We also want to change the way we think about the needs carers and people have, and how we match the needs people have to the best services and support for them.



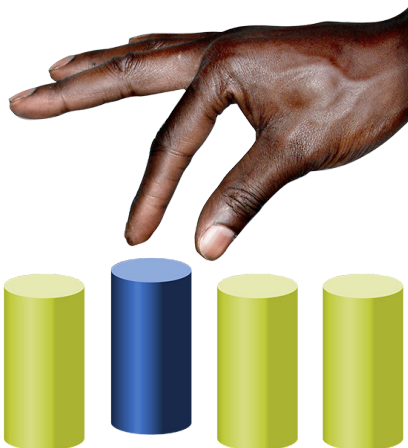
We thought about a lot of different ideas to make respite services better. We could do some of the things we thought of, but we can't afford to do all of them.



So, before we make any changes, we want to ask you what you think about our ideas. This is called a consultation.



Our consultation will last for 10 weeks from 4 September 2017 to 10 November 2017. You will be able to find out more information during the consultation, and let us know what you think about the changes we could make.



There are 2 'options' in the consultation. 'Options' are the ideas we think would help to make respite services better.



As part of our consultation, we'd like you to tell us which of our options you think would work best for you and for other people.



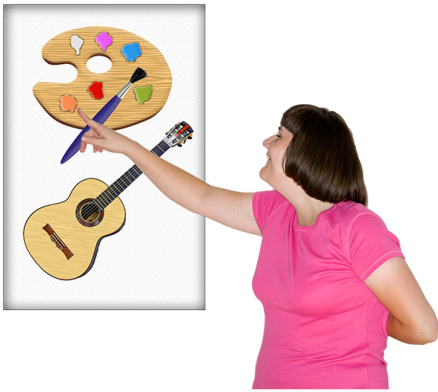
Option 1 would mean that you will no longer be able to go to Bankfields and Aysgarth for your night away. You would be able to choose somewhere different to go instead.



Option 2 would mean that some of you would still be able to go to Bankfields or Aysgarth for your night away



Both options mean you will still get the respite services you need and will have a choice.



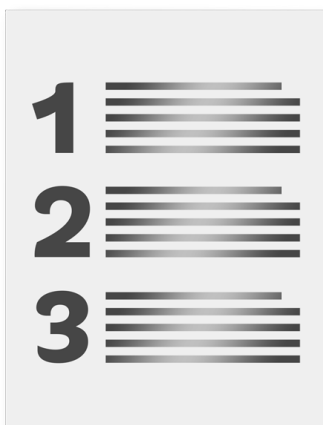
With both options you can also choose to do activities near where you live such as gardening, sports, theatre visits, supported by staff.



The difference with option 2 is that the night away from home is more expensive than the night away in option 1.



This means that you could still do things like gardening, sports and other activities, but not as much.



We have a list of things we could do for you in the future. We've called it a menu of ideas.



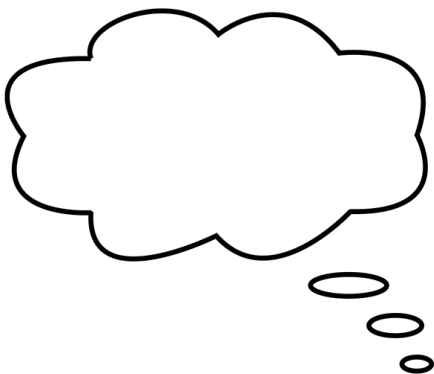
We'd like to know what you think about the things on the menu of ideas.



We've arranged some different ways that people can get involved, like meetings where people can come along and find out more information and tell us what you think.



You can also fill in a survey. A survey is when we ask you some questions, and you tell us what you think.



When the consultation ends, we will think about all the things people have told us.



We will then make a decision about services in the future. We'll let you know about this, so you know how it will affect you.



If you would like any further information about this respite consultation, please contact the Communications and Engagement Team on 0191 374 2795 or by email at necsu.engagement@nhs.net

